Human Physiology I BIPN 100

Winter 2024 El W2024 BIPN 100 Syllabus

Instructor:	Isabella Maita
Email:	<u>imaita@ucsd.edu</u>
Student Hours:	TBD, 8018 HS&S
	TBD, Zoom
	Vote here: <u>https://forms.gle/deSFTcJMvJ2Qbsvy8</u>

Meeting Times:

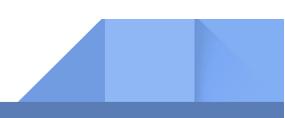
Lecture	C00	Tu/Th	3:30 PM - 4:50 PM	Mosaic 0114
Discussion	C01	Th	5:00 PM - 5:50 PM	York 4080A
	C02	Th	6:00 PM - 6:50 PM	York 4080A
	C03	Th	7:00 PM - 7:50 PM	York 4080A

Course Description

Physiology refers to the functions and mechanisms that support life. BIPN 100 covers the physiology of several organ systems that produce behavior, maintain homeostasis, and promote survival of the human body, including the nervous, endocrine, muscular, cardiac, and excretory systems.



This course emphasizes the core biological concept of homeostasis at several levels of biological organization- from molecular mechanisms to integration of function between organ systems. Throughout the quarter, we will practice applying concepts in physiology by considering homeostatic dysfunction linked to disease states.



Role	Name	Email	Office Hours	Contact Regarding
Instructor	Isabella Maita	imaita@ucsd.edu	TBD	- Exams/Quizzes - Course Content
Graduate IA	Spencer Brown	scbrown@ucsd.edu	TBD	- Discussion Assignments - Discussion Section - Course Content
UGIA	Shivangi Malhotra	smalhotra@ucsd.edu	TBD	- Course Content
UGIA	Pallavi Singamsetty	psingamsetty@ucsd.edu	TBD	- Course Content

Course Materials

Canvas Website: https://canvas.ucsd.edu/courses/51507

Course materials, podcasted class sessions, quizzes, DAs, this syllabus, etc. will be posted on Canvas. Keep an eye out for Canvas announcements and quiz reminders.

Podcast: https://podcast.ucsd.edu/

Video & audio recordings can be found at the link above and in the Media Gallery on Canvas.

Recommended textbook: Human Physiology, 8th edition by Dee Silverthorn.

Highly recommended, NOT required. BIPN 100 is participating in the BryteWave/ RedShelf Inclusive Access (IA) program this term, so you have the opportunity to access our textbook at a discount. Please visit the <u>bookstore</u> website if you have questions about IA. To avoid the BryteWave charge, you must opt-out of the program by the add/drop deadline on February 2nd. You can do this using the <u>opt-out</u> link on Canvas.



Recommended readings are listed with the <u>learning outcomes</u>, but exams and quizzes will only contain content covered in lecture and discussion sessions, so consistent class attendance is highly recommended. Older versions of the text may be more affordable, though note that chapters may differ.

Recommended Learning Platform: Mastering A&P, Pearson

Recommended, NOT required. *Mastering* is an active-learning-based digital tool that guides students through textbook content. I will NOT assign you content on *Mastering*, and have not fully vetted the program. However, *Mastering* guided active-learning activities may be helpful for you.

Evaluation

Learning will be assessed via three types of assignments, DAs, quizzes, and exams.

	Quantity	Due	Weight per assignment	Total Weight
Discussion Activities (DA)	10 (1 incomplete dropped)	Thursdays at 11:59 PM	1%	9%
Quizzes	7 (Lowest grade dropped)	Fridays at 11:59 PM	3.5%	21%
Midterm Exams	2 midterms	E1: February 2nd E2: March 1st	20%	40%
Final Exam	1 final	March 19th, 3-6 PM	30%	30%

Grading Scale: I do not grade on a curve.

A+	≥97%	B+	87 to <90%	C+	73 to <80%	D	50 to <60%
Α	94 to <97%	В	84 to <87%	С	66 to <73%	F	<50%
A-	90 to <94%	B-	80 to <84%	C-	60 to <66%		



Exams

Midterm Exams: Two midterm exams will be administered outside of our normal lecture session. No rescheduling of the exams will be allowed, outside of the makeup exam conditions listed below. If you are late for an exam, additional time will not be given. Midterm exams will consist of multiple choice questions (50 pts) and short answer questions (20 pts), to be completed in 80 minutes.

Exam 1: Friday, February 2nd, 6-7:20 PM. Warren Lecture Hall (WLH), Room 2005

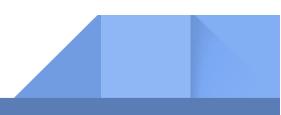
Exam 2: Friday, March 1st, 6-7:20 PM. Warren Lecture Hall (WLH), Room 2005

Final Exam: One final exam will be administered during the final exam period on March 19th, 3-6 PM. It will consist of 120 multiple choice questions to be completed in 3 hours. The final is cumulative, with questions on material covered throughout the semester, with a focus on more recent material.

Make-Up Exams: Make-up exams can be administered under the following conditions: (1) scheduled prior to the day of the exam, (2) written proof is provided (e.g. doctor's note, email notice of religious observation, court attendance, intercollegiate athletics) or (3) in an emergency and the instructor is promptly updated. Make-up exams will differ from the original exam.

Online Quizzes

- Due WEEKLY on Fridays at 11:59 PM, except when a midterm is scheduled.
- Access & Submission: Quizzes can be accessed starting on Tuesdays at 4:50 PM (after lecture) under the "Quizzes" tab on Canvas. Students are responsible for accessing quizzes and other online assignments with a stable Internet connection.



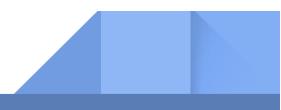
- Content: 5 multiple choice questions on material from the previous week of lecture. If taking the quiz on Tuesday evening, you can expect questions on content from the lecture that day and the previous Thursday. Question and answer pools are randomized, and should be completed independently.
- Grading: Quizzes are graded for accuracy. Your lowest quiz grade will be dropped.
- Purpose: Questions are similar to exam questions, and are used as practice and a predictor for exams. Quiz answers will be released on Saturdays at 12 AM. If you are unhappy with your quiz score, consider bringing your questions to Student Hours.

Discussion Section

Discussion sections will meet in-person in York Hall 4080A. Discussion sections are not mandatory, but are *highly recommended* and designed to improve your learning of lecture content. During discussion sections, IAs will lead group discussions, presentations, and Discussion Activities (DAs) to facilitate your learning. Arrive ready to ask questions, use lecture content, and actively participate. While not mandatory, attending discussion sections will allow you to submit DAs as a group- see below.

Discussion Activities (DAs)

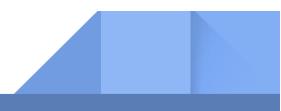
- Due WEEKLY on Thursdays at 11:59 PM.
- Access & Submission: Released on Thursday mornings at 12 AM under the "Assignments" tab on Canvas. DAs are designed as in-class assignments, completed in groups during our organized discussion section. DAs can be submitted as a group if completed at a discussion section. If you are unable to attend the discussion section, then you can submit the assignment independently by following the instructions on the Canvas assignment.
- Content: DAs will take a multitude of formats, including problem sets, visual organizers, case studies, and short answer questions about recent lecture content.



- Grading: Graded for completion, not accuracy.
- Purpose: DAs are designed to help you practice using lecture content: recalling and using information, discussing with classmates, teaching one-another, and presenting improves your learning. You benefit most if you complete DAs during discussion sections, where you will have opportunities to ask questions, present your work, and request feedback.

Extra Credit Videos

- Due 4 days prior to exams. The due date is dependent upon the learning outcome your video covers.
 - Learning outcomes from lecture 1-6: Due Monday, January 29, 12 PM
 - Learning outcomes from lecture 7-14: Due Monday, February 26, 12 PM
 - Learning outcomes from lecture 15-18: Due Monday, March 18, 12 PM
- Access and Submission: A 3-5 minute video on a learning outcome of your choice can be posted to the relevant Discussion tab on Canvas at any time during the quarter, at least 5 days prior to the exam.
 - See submission instructions in the Discussion tab
- Content: Videos must be about a course <u>learning outcome</u>, and must use a visual organizer to clearly and accurately explain the outcome.
 - Some outcomes are expansive, and do not need to be thoroughly covered in your video, however, clearly low-effort videos will not be accepted.
 - All figures and content presented must be your own. Videos may NOT use images from the textbook, lecture, DA assignments, or other external images.
- Grading: Graded for accuracy, clarity, and effort. No partial credit if any of the above policies are violated.
 - 2% extra credit per video
 - Maximum of 2 videos will be graded
 - Extra credit points will be added to the *final course grade* at the end of the quarter
- Purpose: Creating and presenting visual organizers is a well-established learning method. Videos should help the presenter to practice learning outcomes. Videos will be



posted to Canvas, and can be used by fellow students as review/study tools for tricky topics.

Surveys

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You may be asked to complete an anonymous survey(s) for additional credit on a midterm exam(s). If you prefer not to participate, an alternate assignment for additional credit will be offered. Additional credit, surveys, and alternate assignments are not guaranteed.

Contacting the Instructor

Email: Email me at <u>imaita@ucsd.edu</u> with "BIPN 100" in the subject line and expect a response within 1 business day.

Student Hours: (aka "office hours")

In-person TBD, 8018 HS&S

Virtual TBD Zoom (link on Canvas)

Student hours will be determined by a vote at the start of the quarter, in order to optimize student availability. Student hours are regularly scheduled periods of time for YOU, the student, to pop by my office to discuss lecture material, upcoming assignments/quizzes/exams, grades, and any other comments or concerns. If you cannot attend the decided upon office hours, please email the instructor to schedule an alternative in-person or virtual meeting time.

VOTE HERE on your Student Hour preferences: <u>https://forms.gle/deSFTcJMvJ2Qbsvy8</u>

How to Succeed in BIPN 100

Other than the obvious (attending lectures, taking notes).



Practice Learning Outcomes: Learning outcomes are achievable goals that can be practiced and assessed. Learning physiology requires more than drilling flashcards. In order to learn mechanisms and complex interactions, I recommend organizing lecture information into comprehensive visual organizers- labeled diagrams, flowcharts, and tables. Synthesization and visualization <u>facilitate</u> learning! Physiologists are often interested in pathology, so also consider what may go wrong in any given system. For example:

- Create table <u>CC</u>ing endocrine glands and hormones. Then, add a category to your table that predicts the consequences of hyper/hypo activity of each gland.
- Draw a flowchart <u>SEQ</u>ing the opening/closing voltage-gated ion channels during an AP. Next, consider if any one step of the AP is blocked by a neurotoxin.

Once you've created your visual organizers using your notes, recreate them! Recall <u>strengthens</u> long-term memory, so practice creating organizers both with *and withou*t your notes. Creating these organizers requires more cognitive energy *at first*, but results in more complete understanding.

Teaching is Learning: Teaching others- or just pretending to- <u>improves</u> learning outcomes. Once you have created a visual organizer, present it to a classmate, parent, or pet. Make use of discussion sections by talking through mechanisms, asking questions, and quizzing one another with predicted exam questions.

Conduct Gap Analysis: Identifying learning outcomes that you are struggling to achieve is an essential part of learning! Identify gaps in your knowledge and use the resources available to you- discussion sections, student hours, classmates, the textbook. Your instructor/TAs are rooting for your success! Bring up questions and concerns ASAP, so we can do everything in our power to help you succeed.

Course Policies



Plagiarism and Academic Dishonesty: Any violations of academic integrity, according to the UC San Diego policies on academic integrity, will be taken very seriously. Cheating on quizzes and exams will absolutely *not* be tolerated. Violations will be reported to the Academic Integrity (IA) Office.

Disability Services: UC San Diego- including this course and instructor- welcomes students of all abilities. Contact the campus Office for Students with Disabilities (OSD) to be considered for appropriate accommodations. Please provide the instructor with your accommodation letter (AFA) as early in the semester as possible.

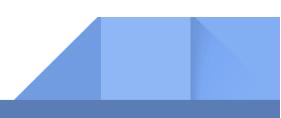
OSD Website: https://osd.ucsd.edu/students/registering.html

Inclusivity Statement: I understand and celebrate that students come from a variety of backgrounds and perspectives. I strive to create an inclusive and welcoming classroom environment. To foster this environment, I ask that students maintain a considerate and kind class culture. I encourage students to share their experiences and views, while remaining open and respectful of the experiences and views of others. Disrespectful language and behavior will not be tolerated and may be penalized by reduced grades and/or further intervention.

Health and Well-Being Policy: In accordance with UC San Diego policy at the start of the Fall 2023 semester, masking is optional in the classroom. If you have recently been exposed to COVID or are under the weather, please consider wearing a mask. If you are experiencing symptoms, please do not attend class and take action to prepare alternate learning opportunities (ask a classmate to share their notes, review lectures online, schedule online office hours).

Transfer Students: The Triton Transfer Hub is available to meet transfer students' academic, social, and personal needs. Services include 1:1 involvement and academic success support with professional staff, peer coaching, professional and academic workshops, transfer meetups and more.

Triton Transfer Website: https://transferstudents.ucsd.edu/



Subject to Change Policy: The instructor reserves the right to alter the syllabus (i.e. course schedule) as needed to improve student learning.

Campus Policies

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- UC San Diego Principles of Community
- UC San Diego Policy on Integrity of Scholarship
- <u>Religious Accommodation</u>
- Nondiscrimination and Harassment
- UC San Diego Student Conduct Code

Other Resources:

Learning and Academic Support				
Writing Hub Services in the Teaching + Learning Commons				
One-on-one online writing tutoring and workshops on key				
writing topics				
Supplemental Instruction				
Peer-assisted study sessions through the Academic				
Achievement Hub to improve success in historically				
challenging courses				
<u>Tutoring – Content</u>				
Drop-in and online tutoring through the Academic				
Achievement Hub				
Tutoring – Learning Strategies				
Address learning challenges with a metacognitive approach				
Community and Resource Centers				
Office of Equity, Diversity, and Inclusion				
As part of the Office of Equity. Diversity. and Inclusion the				
campus community centers provide programs and				
resources for students and contribute toward the evolution				
of a socially just campus				
(858).8223542 <u>diversity@ucsd.edu</u>				
Get Involved				
Student organizations, clubs, service opportunities, and				
many other ways to connect with others on campus				
many other ways to connect with others on campus <u>Undocumented Student Services</u>				
Undocumented Student Services				
Undocumented Student Services Programs and services are designed to help students				



Course Schedule

The class schedule below is subject to change.

Week	Lecture	Day	Торіс	Assessment	
1	1	Tuesday, January 9	Asynchronous Virtual Lecture Syllabus Core concepts in Physiology Nervous System Physiology I: neuron structure & function	No quiz	
	2	Thursday, January 11	Nervous System Physiology II: membrane potential, GHK, Ohms, Nerst	<i>DA1:</i> Neurons and Membrane Properties DAs are due Thursdays, 11:59 PM	
2	<u>3</u>	Tuesday, January 16	Nervous System Physiology III: action potential	Quiz #1 due Friday, January 19: L1-2. Core concepts, neurons, & membrane properties	
	4	Thursday, January 18	Nervous System Physiology IV: synaptic transmission	<i>DA2:</i> Action Potential DAs are due Thursdays, 11:59 PM	
3	5	Tuesday, January 23	Nervous System Physiology V: organization and functional anatomy of the CNS	Quiz #2 due Friday, January 26: L3-4. APs and Synaptic Transmission	
	<u>6</u>	Thursday, January 25	Nervous System Physiology VI: sensory physiology	<i>DA3:</i> Synaptic Transmission DAs are due Thursdays, 11:59 PM	
	Z	Tuesday, January 30	Nervous System Physiology VII: motor pathways	No Quiz	
4		Thursday, February 1	Catch up and Midterm #1 Review	DA4: PNS DAs are due Thursdays, 11:59 PM	
	Midterm #1 Friday, February 2nd: Up to Lecture 6 Sensory Physiology				
5	<u>8</u>	Tuesday, February 5	Neuromuscular Physiology: NMJ, E-C coupling, power stroke	Quiz #3 due Friday, February 9: L5-7. CNS, sensory physiology, and motor pathways * Note 3 topics on this quiz *	
	<u>9</u>	Thursday, February 8	Skeletal Muscle Physiology: metabolism, muscle types	DA5: NMJ and E-C Coupling DAs are due Thursdays, 11:59 PM	
6	<u>10</u>	Tuesday, February 13	Nervous System Physiology VIII: Autonomic Nervous System	Quiz #4 due Friday, February 16: L8-L9. Nervous system control of	



Week	Lecture	Day	Торіс	Assessment	
				skeletal muscle.	
	<u>11</u>	Thursday, February 15	Endocrine Physiology I: hormones and receptors	DA6: ANS and Signal Transduction DAs are due Thursdays, 11:59 PM	
7	<u>12</u>	Tuesday, February 20	Endocrine Physiology II: hormones and receptors	Quiz #5 due Friday, February 23: L10-11. ANS and Endocrine I	
	<u>13</u>	Thursday, February 22	Smooth Muscle Physiology: contraction, regulation	<i>DA7</i> : Endocrine Reflex Loops DAs are due Thursdays, 11:59 PM	
8	<u>14</u>	Tuesday, February 27	Cardiac Physiology I: EC coupling, action potential	No quiz	
		Thursday, February 29	Catch up and Midterm #2 Review	<i>DA8:</i> Smooth and Cardiac Muscle Contraction	
	Midterm	<u>#2</u> Friday, March	1st : Up to Lecture 14 Smooth Muscle Phys	iology	
9	<u>15</u>	Tuesday, March 5	Cardiac Physiology II: the heart, ECG	Quiz #6 due Friday, March 8: L12-14. Endocrine II, Smooth Muscle, Cardiac I * Note 3 topics on this quiz *	
	<u>16</u>	Thursday, March 7	Cardiac Physiology III: Wigger's diagram, cardiac performance & regulation	<i>DA9</i> : ECG Case Study DAs are due Thursdays, 11:59 PM	
10	17	Tuesday, March 12	Renal Physiology I: the kidneys, filtration	Quiz #7 due Friday, March 15: L15-16. Cardiac Physiology II + III.	
	<u>18</u>	Thursday, March 14	Renal Physiology II: reabsorption, secretion, excretion, flow rates, endocrine control	<i>DA10</i> : Kidneys DAs are due Thursdays, 11:59 PM	
	Final Exam Tuesday, : Cumulative with emphasis on Lectures 15-18				

BIPN 100 Learning Outcomes

See: How to Succeed in BIPN 100

APPLY = identify and connect a concept to a real-world example (case study)

CALC = use equations to calculate real-world measures (problem sets)

CC = compare and contrast components of a mechanism (table)

DESC = describe (short answer/combination of visual organizers)

DIAG = draw, label, and identify components of a graph, diagram, physiological reading (diagram/graph)

SEQ = sequence a series of events that make up a mechanism (flowchart)

Lecture 1. Core Concepts & Neuron Physiology

Reading List: Chapters 1.2-1.5, 8.2 up to "Glial Cells Provide..." Review: Chapters 2- Chemistry; Chapters 3 and 5- Cell Components

- 1. CC, APPLY themes physiology
- 2. APPLY, CALC law of mass balance
- 3. CC function and mechanism
- 4. CC, DIAG neuron structures and functions
- 5. CC 3 types of neurons
- 6. CC types of ion channels
- 7. Apply review material from BILD 1 and BILD 2

Lecture 2. Membrane Properties

Reading List: Chapter 8.3 up to "Action Potentials Travel..."

- 1. CC effects of chemical and electrical forces on ion movement across a membrane
- 2. CALC equilibrium potential for an ion using Nerst equation
- 3. CALC membrane potential using GHK equation
- 4. CALC current, resistance, conductance, and voltage using Ohm's Law



- 5. CC membrane properties: resting potential, conductance, resistance
- 6. SEQ current flow depending on ion concentration and membrane properties

Lecture 3. Action Potential

Reading List: Chapter 8.3 after "Action Potentials Travel"

- 1. CC components of axonal membrane: Na⁺/K⁺ pump, Na⁺ and K⁺ voltage-gated ion channels, Na⁺ and K⁺ leak channels
- 2. SEQ, DIAG membrane potential, ion channel activity and ion flow during an action potential
- 3. CC absolute and relative refractory period
- 4. CC activation and inactivation gates of voltage-gated Na+ ion channels
- 5. CC types of conduction
- 6. CC factors affecting AP

Lecture 4. Synaptic Transmission

Reading List: Chapter 8.4-8.5

- 1. CC electrical and chemical synapses
- 2. SEQ neurocrine synthesis, storage, release, termination
- 3. CC types of NT inactivation
- 4. DESC link between APs, synaptic transmission, and size of stimulus
- 5. CC postsynaptic responses
- 6. CC ionotropic and metabotropic receptors
- 7. DESC how neurotransmitter can be excitatory at one synapse, inhibitory at another
- 8. CC, DIAG types of summation
- 9. APPLY, DIAG principles of summation, PSPs, graded potentials, threshold to determine whether a postsynaptic neuron will fire

Lecture 5. Central Nervous System Physiology

Reading List: Chapter 9.3-9.5, 9.6 (first two sections)

1. DESC concept of neural network. What functional properties of neurons allow formation of neural networks?



- 2. CC CNS and PNS
- 3. CC, DIAG white and gray matter
- 4. DESC blood brain barrier
- 5. CC functions of forebrain, midbrain, and hindbrain regions
- 6. DIAG lobes of the brain
- 7. CC functions of spinal cord
- 8. DIAG anatomy of spinal cord, CC functions
- 9. SEQ, CC flow of afferent/efferent information to/from brain via spinal cord
- 10. SEQ spinal reflex

Lecture 6. Sensory Physiology

Reading List: Chapter 10.1

- 1. SEQ sensation starting with stimulus
- 2. CC types of sensory receptors
- 3. SEQ phototransduction
- 4. DESC how convergence of sensory neurons affects size of receptive fields
- 5. CC how brain perceives modality, location, intensity, and duration of stimuli
- 6. CC tonic and phasic receptors

Lecture 7. Motor Pathways

Reading List: Chapter 13.3, 12.2

- 1. CC components of skeletal muscle reflex
- 2. SEQ muscle tone reflex, alpha-gamma coactivation, stretch reflex and withdrawal reflex
- 3. CC gamma motor neurons and alpha motor neurons
- 4. DIAG, CC components and structure of muscle spindles
- 5. CC isotonic and isometric contractions



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Lecture 8. Neuromuscular Junction

Reading List: Chapter 11.2, 12.1 up to "Skeletal muscle contraction requires at steady supply of ATP"

- 1. DIAG, CC components of muscle fibers:
 - a. DIAG neuromuscular junction
 - b. CC myofibrils
 - c. CC regulatory, channel, and receptor proteins
 - d. CC thick and thin filaments
 - e. DIAG, CC regions of the sarcomere (A band, M line, etc)
- 2. DESC role of ATP in sliding filament model
- 3. SEQ muscle contraction starting with somatic motor neuron through the power stroke
 - a. SEQ cross bridge formation
 - b. SEQ excitation-contraction coupling and role of calcium channels

Lecture 9. Skeletal Muscle Physiology

Reading List: Chapter 12.1 after "Skeletal muscle contraction requires a steady supply of ATP"

- 1. CC relationships between length & tension, summation & contraction, and motor units & contraction force
- 2. CC slow-twitch muscles and 2 types of fast-twitch muscles
- 3. CC sources of energy for skeletal muscles

Lecture 10. Autonomic Nervous System

Reading List: Chapter 11.1

- 1. SEQ, CC signal transduction pathways at neuroeffector junction
- 2. CC, DIAG sympathetic and parasympathetic functions and pathways, SEQ interaction between two branches
- 3. SEQ, DIAG activity at the neuroeffector junction
- 4. CC neurotransmitters, receptors, and receptor subtypes in the ANS
- 5. SEQ activation of adrenal medulla



Lecture 11 + Lecture 12. Hormones and Receptors

Reading List: Chapter 7.1-7.3

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- 1. CC, SEQ synthesis, storage, transport in blood, cell mechanism of action for each hormone type
- 2. APPLY law of mass action to plasma steroid hormone concentration
- 3. APPLY feedback loops to hormone action
- 4. CC endocrine & neuroendocrine structures, SEQ hormone actions
- 5. CC, SEQ negative feedback in simple endocrine reflexes vs complex pathways
- 6. CC 3 types of hormone interactions

Lecture 13. Smooth Muscle

Reading List: Chapter 12.3

- 1. CC tonic and phasic smooth muscle contraction
- 2. CC types of cell-cell communication in smooth muscle
- 3. CC, DIAG slow wave potentials, pacemaker potentials, pharmacomechanical coupling
- 4. SEQ smooth muscle contraction and relaxation
- 5. CC myosin light chain kinase and myosin light chain phosphatase
- 6. CC, SEQ effects of calcium sensitivity on smooth muscle contraction
- 7. CC smooth and skeletal muscle anatomy and contraction

Lecture 14. Cardiac Muscle

Reading List: Chapter 14.3

- 1. SEQ, CC coupling in cardiac muscle
- 2. SEQ, DIAG, CC action potential in contractile and autorhythmic cardiac muscle
- 3. DESC how tetanus is prevented in cardiac muscle
- 4. CC skeletal, smooth, cardiac muscle

Lecture 15. Cardiac Physiology 1

Reading List: Chapter 14.4 "Anatomy Summary", 14.4 until "Pressure-Volume Curves..."

- 1. CC chambers of the heart and valves
- 2. SEQ, DIAG blood flow through the heart
- 3. SEQ electrical conduction in the heart
- 4. DIAG, CC components of Einthoven's Triangle
- 5. DIAG, CC components of ECG
- 6. SEQ, DIAG cardiac cycle and coinciding ECG readings

Lecture 16. Cardiac Physiology 2

Reading: Chapter 14.2, 14.4 following "Pressure-Volume Curves"

- 1. SEQ, DIAG Pressure-Volume Curve
- 2. DIAG Wigger's Diagram
- 3. CC, CALC measures of cardiac performance (SV, CO)
- 4. CC sympathetic and parasympathetic control of HR
- 5. CC, SEQ relationship between preload, contractility, afterload, SV, CO
- 6. SEQ catecholamine effects on contractile cells
- 7. CC factors affecting resistance/flow in blood vessels

Lecture 17. Renal Physiology 1

Reading: Chapter 19.1-19.4

- 1. CC 6 functions of the kidneys
- 2. CC, DIAG functional components of renal circulation and tubule systems of kidney
- 3. CC, SEQ relationship between GFR, filtration pressure, filtration coefficient
- 4. CALC net filtration pressure
- 5. CC, SEQ changes to GFR, P_H , renal blood flow when arteriole resistance changes
- 6. CC, SEQ myogenic response and tubuloglomerular feedback
- 7. CC hormonal and nervous system control of GFR

Lecture 18. Renal Physiology 2



Reading: Chapter 19.5-19.7, 20.2

- 1. CC functions, process, location of filtration, reabsorption, secretion, excretion
- 2. CC mechanisms of transepithelial and paracellular transport
- 3. SEQ, CC reabsorption of Na+, anions, H2O, glucose
- 4. DIAG, APPLY saturation and renal threshold
- 5. SEQ organic anion secretion
- 6. CC, APPLY effects of renal handling on clearance
- 7. SEQ integrated regulation of osmolarity and ion concentration
- 8. SEQ regulation of medullary interstitial osmolarity and urine concentration
- 9. SEQ regulation of osmolarity by renal countercurrent multiplier