## **HUMAN PHYSIOLOGY LAB**

BIPN 105 (Spring, 2023)

**INSTRUCTOR:** Chris Armour, M.D., Ph.D.

email: carmour@ucsd.edu

Office Hours: Mondays 12:00 - 12:50

York Hall 2426

#### **INSTRUCTIONAL ASSISTANTS:**

Darin Cheung Anna Hakimi Brandon Taylor Ryan Ghassemi

### **STAFF RESEARCH ASSOCIATE:**

The purpose of this course is to provide experience with some of the experimental methods of physiology, help students obtain a better understanding of the principles of physiology, and learn how to communicate science in a professional manner. This course is a companion to BIPN 100 (and BIPN 100 is a prerequisite).

There are two lectures per week. Some lectures will be live (PCYNH 122 M/W 12:00 - 12:50 p.m.) and some will be pre-recorded (see schedule). Live problem-solving sessions will be held on Fridays (PCYNH 122 12:00 - 12:50). There are also two laboratory sessions per week (York 2426, M/W 1:00 - 5:50 p.m. or Tu/Th 12:30 - 5:20 p.m.).

The experiments will be written up in three lab reports. The first two lab reports will be written individually and each report covers two experiments. The final lab report covers a group project and will be written by the lab group. At the end of the quarter, each lab group will present a short symposium on their project. Homeworks and a comprehensive final will be given.

lab reports: #1 and #2 - each 20% of course grade

#3 - 15% of course grade (all lab reports must be completed to pass)

All lab reports must be submitted to Turnitin.com in order to receive a grade in this course

symposium: 5% of course grade (participation is required to pass)

final/homeworks: 40% of course grade (the final must be completed to pass)

### **REQUIRED MATERIALS**

- · Lab manual (UCSD Bookstore)
- · Text: Human Physiology, Silverthorn, 8th edition
- · Schedule/course information/problem sets (Canvas)
- · USB flash drive
- Safety glasses

# BIPN 105 SCHEDULE (Spring, 2023)

<b>DATES</b>	<b>ACTIVITY</b>	<u>TOPIC</u>	<u>READING</u>		
			(Lab Manual/Silverthorn 8 <sup>th</sup> ed.)		
April 3	Lecture (live)	Biophysical Instrumentation	Introduction		
April 3, 4	Lab	Introduction to Instrumentation	#1		
April 5	Lecture (live)	RBC Membrane, Osmosis	124-127		
April 5, 6	Lab	Properties of RBC Membranes	#2		
April 7	Problem Solving (live)	Equipment and RBCs	Problem Set #1		
April 10 (Monday) HMK #1 - RBC Lab (experiment #2) due (York 2426 12:00 - 1:00)					
April 10	Lecture (recorded)	Basis/Propagation of Action Potentials	152-158, 224-249		
April 10, 11	Lab	Sciatic Nerve Studies in the Frog	#3		
April 12	Lecture (recorded)	Neuromuscular Transmission	249-257		
April 12, 13	Lab	Neuromuscular Studies in the Frog	#4		
April 14	Problem Solving (live)	Sciatic Nerve and NMJ	Problem Set #2		
April 17	Lecture (live)	Lab Reports			
April 17, 18	Lab	Repeat Day			
April 19	Lecture (recorded)	Skeletal Muscle Physiology	376-396		
April 19, 20	Lab	Muscle Studies in the Frog	#5		
April 24 (Monday) HMK #2 - Muscle Lab (experiment #5) due (York 2426 12:00 - 1:00)					
April 24	Lecture (recorded)	Smooth Muscle Physiology	400-409		
April 24, 25	Lab	Rat Uterus Preparation	#6		
April 26 (Wednesday)  Report #1 part 1 (Sciatic Nerve - exp. #3) due (York 2426 12:00 - 1:00)					
April 26	Lecture (recorded)	Cardiac Biomechanics	440-445, 459-471		
April 26, 27	Lab	Starling's Law Video	#7		
April 28	Problem Solving (live)		Problem Set #3		
May 1 (Monday) Report #1 part 2 (NMJ - exp. #4) due (York 2426 12:00 - 1:00)					
May 1	Lecture (recorded)	Cardiac Electrophysiology	446-459		
<b>May</b> 1, 2	Lab	Cardiac Physiology in the Frog	#8		
May 3 (Wednesday) HMK #3 - Uterus Lab (experiment #6) due (York 2426 12:00 - 1:00)					
<b>May</b> 3	Lecture (recorded)	Fluid Balance, Edema, and Blood Flow	477-480, 495-500		
<b>May</b> 3, 4	Lab	Hemodynamics in the Frog	#9		

# BIPN 105 SCHEDULE (Spring, 2023)

<b>DATES</b>	<b>ACTIVITY</b>	<b>TOPIC</b>	<b>READING</b>		
			(Lab Manual/Silverthorn 8 <sup>th</sup> ed.)		
M 0	I a strawa (I' )	Challent Davis of Family and Same			
May 8	Lecture (live)	Student Projects Explanation/Sign-ups			
May 8, 9	Lab	Repeat Day			
May 10	Lecture (recorded)	Principles of Electrocardiography	455-459		
May 10, 11	Lab	Human Electrocardiogram	#10		
May 12	Problem Solving (live)	PV loop, Frog ECG, Fluid Balance	Problem Set #4		
May 15	Lecture (recorded)	Non-invasive Cardiac Evaluation	481-483		
May 15, 16	Lab	Monitoring Circulation in Humans	#11		
May 17 (Wednesday) Report #2 part 1 (Frog ECG - exp. #8) due (York 2426 12:00 - 1:00)					
May 17, 18 (Wednesday/Thursday) Discuss Student Projects in Lab - one page summary due					
May 19	Problem Solving (live)	Human ECG, Heart Sounds, Murmurs	Problem Set #5		
May 22 (Monday) Report		#2 part 2 (Fluid Balance - exp. #9) due	e (York 2426 12:00 - 1:00)		
May 22, 23	Lab	Student Projects	#12		
May 24, 25	Lab	Student Project Repeat Day #1			
May 29, 30		Memorial Day Holiday (no lecture or	r lab)		
May 31, June	1 Lab	Student Project Repeat Day #2			
June 5	Lecture (recorded)	Renal Physiology	131-151, 588-606		
June 5, 6	Lab	Human Kidney Function	#13		
<b>June 7, 8</b>		STUDENT SYMPOSIUM (York 242	26)		
Report #3 (Student Project - exp. #12) due at symposium					
June 3	Problem Solving (live)	Kidney and Student Projects	Problem Set #6		

Exam Week FINAL EXAM

Wednesday June 14 11:30 – 2:30 location: TBA (probably PCYNH 122)

The schedule and format of this course may change (such as switching to online assignments and/or canceling the final exam) to accommodate COVID-19 restrictions