

Internet Addiction Disorder

DSM-IV

Internet Addiction

1. Tolerance (increased amounts of time on internet to achieve satisfaction)
2. Withdrawal (psychomotor agitation, anxiety, obsessive thinking or fantasies about internet, or typing movements after cessation of internet use or using internet to relieve withdrawal symptoms)
3. Larger amounts (internet is accessed more often or for longer periods than intended)

Three or more symptoms occurring during the last year

From: American Psychiatric Association, Diagnostic and Statistical Manual of Mental Disorders, 4th edition, American Psychiatric Press, Washington DC, 1994.

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4. **Impaired control**- (persistent or unsuccessful attempts to cut down or control internet use)
5. **Time spent**- (great deal of time is spent in internet activities)
6. **Neglect of activities**- (Important social, occupational or recreational activities given up for internet use)
7. **Continued use despite problems**- (internet use despite persistent or recurrent physical, social or psychological problems)

Three or more symptoms occurring during the last year

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