Compulsive Sex (Sexual Addiction)

1. **Tolerance** (7. Increasing amounts of sexual experiences)

2. **Withdrawal** (6. Sexual obsession and fantasy as a primary coping strategy; 8. Severe mood changes around sexual activity)

3. **Larger amounts** (5. Ongoing effort to limit sexual behavior)

Three or more symptoms occurring during the last year

### Compulsive Sex (Sexual Addiction)

<table>
<thead>
<tr>
<th>DSM-IV</th>
<th>Compulsive Sex</th>
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</thead>
<tbody>
<tr>
<td>4. <strong>Impaired control</strong> - (2. Inability to stop despite adverse consequences)</td>
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<tr>
<td>5. <strong>Time spent</strong> - (9. Inordinate amounts of time spent in obtaining sex)</td>
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<tr>
<td>6. <strong>Neglect of activities</strong> - (10. Neglect of important social, occupational, or recreational activities)</td>
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<tr>
<td>7. <strong>Continued use despite problems</strong> - (2. Severe consequences due to sexual behavior; 3. Inability to stop despite adverse consequences; 4. Persistent pursuit of self-destructive behavior)</td>
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</tr>
</tbody>
</table>

Three or more symptoms occurring during the last year

VII. Addiction Cycle

- Belief System
- Unmanageability
- Impaired Thinking
- Addiction Cycle
- Preoccupation
- Despair
- Sexual Compulsivity
- Ritualization