

Withdrawal Time Course

6-8h	anxiety and craving for drug; restlessness; irritability
8-16h	running nose, teary eyes, yawning, perspiration, restless sleep, miserable feelings
16-24h	pupillary dilation, piloerection (goosebumps), tremors, hot and cold flashes, aching bones and muscles, loss of appetite, "flu-like" state
24-36h	all signs worse - insomnia, increased BP, HR, respiratory rate, nausea, and body temperature
36-48h	peak of syndrome, all signs worsen - vomiting, diarrhea, weight loss, GI cramps (fetal position), weakness & depression
48-72h	dissipation of syndrome; diminishing of all symptoms
7-10 days	most signs of withdrawal gone